

Please pre-order for each student and return to the school office.

Student Name: _____
Grade: _____

Student: \$3.25
Adult: \$3.50

Number Ordered: _____
Amount Enclosed: _____

St Mary's Catholic School - May 2016

	2  Lunch * cheeseburger * burger "salad" (L/T/P) * oven baked tater tots * steamed cut green beans * applesauce * whole wheat burger bun * ketchup Milk	3 Lunch * grilled cheesewich * on whole wheat bread * oven sweet potato "hash" * steamed broccoli florets * chilled diced pears * <i>bakeryfresh</i> wheat breadstick milk	4  Lunch * cheese pizza square * Italian vegetable medley * fresh leafy salad greenz' * tropical fruit mix * <i>bakeryfresh</i> whole grain roll * ff ranch dressing milk	5 Lunch * beef tamale pie/cheese * cowboy ranch beans * fresh baby carrots * fresh 175ct red apple * <i>bakeryfresh</i> whole grain cornbread * taco, ketchup, mustard ff ranch milk	6 Lunch * chicken & Jack cheese * over a whole grain tostada * cilantro lime black beans * leafy taco greenz' n' tomato * fresh pineapple wedge * Spanish-style brown rice * taco sauce, ff ranch dressing milk
1 2	9 Lunch * chicken breast nuggets * with whole grain breading * bbq white beans * fresh leafy salad greenz' * chilled mixed fruit * <i>bakeryfresh</i> wheat breadstick * ketchup, ff ranch dressing Milk	10  Lunch * brown gravy meatballs * mashed potatoes * carrots & peas * fresh 175ct red apple * <i>bakeryfresh</i> whole wheat roll * ketchup & ff ranch (chicken only) milk	11 Lunch * meatsauce "Roma" * with whole grain spaghetti * steamed cut green beans * fresh leafy salad greenz' * fresh seasonal melon wedge * <i>bakeryfresh</i> whole grain roll * ff ranch dressing milk	12 Lunch * s/s pineapple chicken * with whole grain brown rice * steamed broccoli florets * fresh cucumber slices * mandarin oranges * <i>bakeryfresh</i> whole wheat roll * ff ranch dressing milk	13  Lunch * nacho cheese sauce * over a whole grain corn chips * refried pinto beans * leafy taco greenz' n' tomato * fresh red grapes * tex-mex pasta & potatoes * taco sauce milk
3	16 Lunch * cheddar cheesewich * on whole wheat bread (2) * oven diced potatoes * sweet corn & green peas * pineapple & orange "salad" ** * ketchup Milk	17  Lunch * pasta "Carbonara" * with chicken/whole grain pasta * Italian vegetable medley * fresh leafy salad greenz' * sliced apple "salad" * <i>bakeryfresh</i> garlic whole grain roll * ff ranch dressing milk	18  Lunch * BBQ baked chicken ** * seasoned black beans * steamed cut green beans * fresh orange, wedged * <i>bakeryfresh</i> whole wheat roll * european margarine cup milk	19 Lunch * beef steak & gravy * maple sweet potatoes * steamed broccoli florets * chilled mixed fruit * <i>bakeryfresh</i> wheat breadstick * ketchup (fish onlt) milk	20  Lunch * chicken fajita burrito * in an 8" whole grain tortilla * rancho pinto beans * leafy taco greenz' n' tomato * fresh pineapple wedge * Spanish-style brown rice * taco sauce, ff ranch dressing milk
4	23 Lunch * charbroiled hamburger * burger "salad" (L/T/P) * oven baked tater tots * carrots & green peas * chilled mixed fruit * whole wheat burger bun * ketchup Milk	24 Lunch * Roma meatballs/sauce * with whole grain pasta * cauliflower & broccoli * fresh leafy salad greenz' * fresh pineapple wedge * <i>bakeryfresh</i> garlic breadstick * ff ranch dressing milk	25 Lunch * oven "fried" chicken * cowboy ranch beans * steamed cut green beans * chilled diced peaches * whole wheat bread slice * ketchup, mustard milk	26  Field Day	27 Last day of school!
	30 Memorial Day	31 	1-Jun	2-Jun 	3-Jun

freshness, good nutrition, and variety

Milk variety includes 1% white, and fat free flavored milks. Menu subject to change without notice due to product availability and students' desire.

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